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שמע ישראל יהוה אלהינו יהוה אחד

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד!

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Hear, O Israel, Adonai is our God, Adonai is One!

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בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glorious majesty forever and ever.

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The enlarged ע *ayin* at the end of שְׁמוֹעַ *Sh'ma* (Hear) and the enlarged ט *dalet* at the end of אֶחָד *echad* (one) combine to spell טע *eid* (witness). We recite the *Sh'ma* to bear witness to the Oneness of God.

**V'AHAVTA** et Adonai Elohecha,  
 b'chol l'vav'cha uv'chol nafsh'cha uv'chol  
 m'odecha. V'hayu had'varim ha-eileh  
 asher anochi mitzvacha hayom al  
 l'avvecha. V'shinantam l'vanecha v'dibarta  
 ham b'shiv'cha b'veitecha uv'lecht'cha  
 vaderech uv'shochb'cha uv'kumecha.  
 Ukshartam l'or al yadecha v'hayu  
 f'rotafor bein einecha. Uch'tavtam  
 al m'zuzot beitecha uvisharecha.

**וְאָהַבְתָּ אֶת יי אֱלֹהֶיךָ**  
**בְּכָל־לִבְבְּךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־**  
**מַאֲדֶךָ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה**  
**אֲשֶׁר אָנֹכִי מִצְוָה הַיּוֹם עֲלֶיךָ**  
**לְבַבְךָ: וְשִׁנַּנְתֶּם לְבָבְךָ וּדְבַרְתֶּם**  
**בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבִלְכֹתְךָ**  
**בַּדֶּרֶךְ וּבְשֹׁכְבְךָ וּבְקוּמְךָ:**  
**וְקָשַׁרְתֶּם לְאָזְנוֹתְךָ וְהָיוּ**  
**לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכָתַבְתֶּם**  
**עַל־מְזוּזוֹת בֵּיתְךָ וּבְשָׁעָרֶיךָ:**

קריט  
 דינה  
 אספה רבית  
 פסוק  
 ושמענו  
 לסמו תזכור  
 לזכור ה'  
 עסקת וזכיר  
 סימנים

**YOU SHALL LOVE** Adonai your God with all your heart,  
 with all your soul, and with all your might.  
 Take to heart these instructions with which I charge you this day.  
 Impress them upon your children.  
 Recite them when you stay at home and when you are away,  
 when you lie down and when you get up.  
 Bind them as a sign on your hand and let them serve as a symbol on your forehead;  
 inscribe them on the doorposts of your house and on your gates.

*Continue or turn to pages 118–119 [236–237].*

Umaan tizk'ru, vaasitem et  
 kol mitzvotai vih'yitem k'doshim  
 l'Eloheichem. Ani Adonai Eloheichem asher  
 hotzeiti et-chem mei-eretz  
 Mitzrayim lih'yot lachem l'Elohim  
 ani Adonai Eloheichem.

**לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת־**  
**כָּל־מִצְוֹתַי וְהָיִיתֶם קְדוֹשִׁים**  
**לְאֱלֹהֵיכֶם: אֲנִי יי אֱלֹהֵיכֶם אֲשֶׁר**  
**הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ**  
**מִצְרַיִם לִהְיוֹת לָכֶם לְאֱלֹהִים**  
**אֲנִי יי אֱלֹהֵיכֶם:**

Thus you shall remember to observe all My commandments  
 and to be holy to your God.  
 I am Adonai, your God, who brought you out of the land of Egypt to be your God:  
 I am Adonai your God.

**יי אֱלֹהֵיכֶם אֱמֶת**  
 Adonai Eloheichem EMET.

*Turn to pages 120–121 [238–239].*

For those who choose: At the end of the שְׁמַע *Shema*, after the words **יי אֱלֹהֵיכֶם Adonai Eloheichem**, the word **אֱמֶת emet** ("true") is added as an immediate affirmation of its truth.

**וְאָהַבְתָּ V'ahavta** . . . *You shall love* . . . Deuteronomy 6:5–9

**לְמַעַן תִּזְכְּרוּ Lmaan tizk'ru** . . . *Thus you shall remember* . . . Numbers 15:40–41