

KIDDUSH FOR SHABBAT MORNING

Fill a Kiddush cup with wine or grape juice.

Raise it and recite:

וְשָׁמְרוּ v'nei Yisrael et HaShabbat, **לְעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרוֹתָם**
 laasot et HaShabbat l'dorotam **בְּרִית עוֹלָם.**
 b'rit olam. **בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל**
 Beini uvein b'nei Yisrael **אֹת הִיא לְעוֹלָם,**
 ot hi l'olam, **כִּי שָׁשֶׁת יָמִים עָשָׂה יי**
 ki sheishet yamim asah Adonai **אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ,**
 et hashamayim v'et haaretz, **וּבְיוֹם הַשְּׁבִיעִי נִשְׁבַּת וַיִּנָּפֵשׁ.**
 uvayom hashvi-i shavat vayinafash.

THE PEOPLE OF ISRAEL shall keep Shabbat,
 observing Shabbat throughout the ages as a covenant for all time.
 It shall be a sign for all time between Me and the people of Israel,
 for in six days Adonai made heaven and earth,
 and on the seventh day God ceased from work and was refreshed.

בְּרִכּוֹת הַמִּשְׁפָּחָה

קִדּוּשׁ, שַׁחֲרִית

הַמוֹצָיא

בְּרַכַּת הַמִּזוֹן

הַבְּדִלָּה

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל V'shamru v'nei Yisrael . . . The people of Israel shall keep . . . Exodus 31:16–17

Family Blessings

Kiddush, Morning

HaMotzi

Birkat HaMazon

Havdalah

על־כֵּן בֵּרַךְ יי אֶת־יוֹם הַשַּׁבָּת וַיְקַדְּשֶׁהוּ.

Al kein beirach Adonai et Yom HaShabbat vay'kadsheihu.

Therefore Adonai blessed the day of Shabbat and hallowed it.

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגֶּפֶן.

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

Praise to You, Adonai our God, Sovereign of the universe,
Creator of the fruit of the vine.

על־כֵּן Al kein . . . Therefore Adonai . . . Exodus 20:8–11