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The Reform Congregation of Jersey City

March 2021

Adar — Nissan 5781

## Matzah As A Spiritual Practice

Few of us would have believed early last March that we wouldn't be able to gather with family for even one Passover, let alone two. As we come upon our second Passover in the era of COVID, my thoughts turn to what is essential about our lives, the holiday of Pesach and the spiritual purpose of matzah and, its corollary, *chametz*, often (poorly) translated as leaven.

*"Seven days shall there be no chametz found in your houses."* (Exodus 12:19)

Technically speaking, chametz is wheat, barley, oats, spelt or rye that has (or could) come in contact with moisture for more than 18 minutes. Eighteen minutes is the amount of time the rabbis determined it takes for the fermentation or leavening to occur.

So, it makes sense why we should eat matzah on Passover—we left Egypt in such a hurry, our dough didn't have time to rise and voila! the first matzah was born. But why no chametz for the week? Why does the Torah tell us to clear it out of our homes? After all, isn't bread the staff of life? Couldn't we have both? What's the point?

Let us first remember that Passover is not meant to be seen solely as an historical event recalled from years past, but rather, as the rabbis of the *haggadah* teach, as a transformative event in which each of us are released from our place of constriction ("*mitzrayim*") and pushed toward a place of expansiveness, freedom and a brand-new perspective. Each year, we are challenged to identify the forces of oppression around and among us so that we may prepare for release.

Rabban Gamliel teaches: "*In each and every generation, a person is obligated to see himself as if he left Egypt.*" - Passover *Haggadah*



*Chametz* and *matzah* are the ultimate symbols of this process. *Chametz* represents the "same old, same old" with which we live, perhaps mindlessly, every day. These five grains are such basic staples of our diet, we have to read the fine print just to find them. Similarly, with the forces of oppression, habits of mind that hold us back, and injustice: they are so intrinsic to our daily reality and even our society, we often don't notice them or sometimes even teach ourselves to tune them out.

*Matzah*, on the other hand, represents simplicity. *Matzah* is made without fermentation, leavening, time to rise, distortion to its shape, nor a lot of air puffing it up and out of proportion. It contains the most minimal of ingredients, time and heat. So, too, the spiritual message of the holiday. Like our ancestors leaving their oppression, we clear out an ubiquitous element of our daily existence (bread) so we might also see more clearly what is important; what we need to do to manifest our highest aspirations; and what distracts us from the holy work of our lives. We spend the week of the festival without that which is puffed up and out of proportion so

*continued on page 8*

Deadline to sign up for our Zoom Seder is Sunday March 7. See page 11 for details and sign up [here](#).

All Kabbalat Shabbat (Friday night services) at Temple Beth-El will be via Zoom video conferencing technology until further notice.

To use Zoom:

1. Download the Zoom program at <https://zoom.us>
  2. Click [here](#) to enter
  3. Enable your camera to view
  4. Make sure your computer's sound/microphone is muted. (All participants will be muted during the service.)
  5. Wait to be granted access from the "waiting room."
- Zoom on your computer/laptop, iPad/tablet or cell phone.

To follow the service with a digital flip book siddur, click [here](#)

*Virtual is good, but really bringing Shabbat into your home is even better! Set up candles, wine/juice and challah/bread in front of your screen and let's literally light the candles, make kiddush and motzi together.*

All Shabbat morning services and pot luck dinners are suspended until further notice.

Friday, March 5 *Zoom* 6:00 pm

*New Member Shabbat  
Concert with Nefesh Mountain!*

First Friday Kabbalat Shabbat Family services  
See page 4 for details  
Special link for tonight (different from usual service link):  
<https://us02web.zoom.us/j/532257831>

Friday, March 12 *Zoom* 8:00 pm  
Kabbalat Shabbat services

Saturday, March 13  
Shabbat Morning Service and Bar Mitzvah of Henry Eig  
Livestreamed over YouTube by clicking [here](#)

Friday, March 19 *Zoom* 8:00 pm  
Kabbalat Shabbat Services

Friday, March 26 *Zoom* 8:00 pm  
Kabbalat Shabbat Services

Friday, April 2 *Zoom* 6:30 pm  
First Friday Kabbalat Shabbat services  
Featuring grades K—4



**Temple Beth-El**

2419 Kennedy Boulevard at Harrison Avenue  
Jersey City, NJ 07304



UNION for  
REFORM JUDAISM  
האיחוד ליהדות רפורמית

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[office@betheljc.org](mailto:office@betheljc.org)  
[www.betheljc.org](http://www.betheljc.org)

Office hours: Mon-Fri 10am – 1pm

**Rabbi Moritt is available for virtual pastoral counseling and her other usual duties during this challenging time. To keep our employees healthy, most are working from home with adjusted hours and limited access to files. Our phones and emails are up and running.**

Rabbi Leana Moritt [rabbimoritt@betheljc.org](mailto:rabbimoritt@betheljc.org)  
Rabbi Emeritus Kenneth Brickman  
[rabbibrickman@betheljc.org](mailto:rabbibrickman@betheljc.org)

Cantorial Soloist/Director of Education  
Marian Kleinman  
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Irwin Rosen, Past President

**Shabbat Candle Lighting**



Friday, March 5 5:34 pm  
Friday, March 12 5:42 pm  
Friday, March 19 6:50 pm  
Friday, March 26 6:57 pm

Saturday, March 27 (Passover)  
after 7:57 pm  
Friday, April 2 7:04 pm



*1st in a new interview series*

**Thursday, March 4 @ 7.30pm over Zoom**

Temple Beth-El is proud to present a new interview series featuring Rabbi Leana Moritt and host Beth Achenbach. These one-on-one interviews will be informative, enlightening and fun! The first of the series, “Skip the Flowers”, will cover the rituals and practices surrounding death and mourning in Judaism. Why skip the flowers? We will answer that and much more, so register to join us!

Click [here](#) to register.



**Thursday, April 15 @ 7:30 pm**

**Zoom link:**

<https://us02web.zoom.us/j/89399220450>

## **Bioethics, Justice and Covid-19**

**with**

**Rosamond Rhodes, Ph.D.**



Join us for a lecture by Professor Rosamond Rhodes, Ph.D., who will provide a framework for thinking about matters of justice and will explain how this perspective applies to the allocation of medical resources that physicians distribute every day. She will conclude by applying her analysis of justice to COVID-19 decisions about the allocation of ventilators and prioritization for vaccination.

ROSAMOND RHODES, Ph.D., is the proud grandmother of Jacob, Benjamin, and Sasha Rosenberg. A leading figure in the field of Bioethics, she is Professor of Medical Education and Director of Bioethics Education at Icahn School of Medicine at Mount Sinai, Professor of Philosophy at The Graduate Center, CUNY, and Professor of Bioethics and Associate Director of the Clarkson-Mount Sinai Bioethics Program. She has published hundreds of articles and chapters; co-edited and authored several books and guides in the field of Bioethics.

Temple Beth-El invites you to a  
*New Member Shabbat*  
*and Concert with*  
*Nefesh Mountain*



Join us at our New Member Shabbat as we officially welcome our newest members into the Temple Beth-El family. Whether it's your first or fiftieth year at TBE, it's a great opportunity to meet someone new!

Friday, March 5 @ 6:00 pm

Click [here](#) to Zoom (note special Zoom link and time for this evening)

In honor of our New Member Shabbat, and with partner congregations, Temple Beth-El is pleased to present the Jewish Bluegrass musical group **Nefesh Mountain** for a Shabbat Concert.

Nefesh Mountain is the place where American Bluegrass and Old-Time music meet with Jewish Heritage and tradition. Band leaders, genre-pioneers, and husband and wife Doni Zasloff and Eric Lindberg are the heart of this eclectic offering, and share their love for American music, their own cultural heritage, and each other with audiences throughout the world. The result of this unexpected and beautiful mix is staggering, and while complete with the kind of adept string virtuosity and through composed arrangements one would hope for from a newgrass band with influences from Bluegrass, Old-Time, Celtic, and Jazz, they also play and sing songs of the heart creating music with a sense of diversity, oneness, and purpose for our world today. ([www.nefeshmountain.com](http://www.nefeshmountain.com))



## Kiddush on Pesach

“Get your cousin out from under the table!” my grandmother whispered imperiously to me. Glancing around to see if anyone would notice, I slipped down in my chair and slid under the table to find my youngest cousin sitting nearby. “C’mon up to the table and back to the *Seder*,” I ordered him, softly. He giggled something, then he crawled off, so I slipped back up into my seat next to Bubbie. Soon after, he rejoined us at the table, where he quickly became sillier and sillier, then louder and wilder. Eventually one of the adults checked his grape juice glass and found he’d been drinking wine! My seven-year-old cousin was drunk.



Our Pesach *Seder* is unlike a regular meal. The tunes we sing are specific to Passover, and at a traditional *Seder*, the *Kiddush* tune sounds different from the one we sing on *Shabbat* here at TBE-JC. The tune uses the distinctive “festival *nusach*” rather than *Shabbat nusach*. Using our Pesach *haggadah*, we follow a special order which includes drinking four cups of wine at the *Seder*. There are a number of reasons regarding why we drink four cups. The most well-known reason is based on two verses from *Sh’mot* (Exodus), where we find four expressions of redemption (underlined) as follows:

Say, therefore, to the Israelite people: “I am the Eternal. I will *free* you from the labors of the Egyptians and *deliver* you from their bondage. I will *redeem* you with an outstretched arm and through extraordinary chastisements. And I will *take* you to be My people, and I will be your God. And you shall know that I, the Eternal, am your God who freed you from the labors of the Egyptians.” (Exodus 6:6-7, Plaut)

Each cup carries additional symbolism. One idea is that each cup of wine represents the four matriarchs, Sarah, Rivkah, Rachel, and Leah. Another concept is that the first cup is for *Kiddush*, a blessing said to sanctify *Shabbat*, a bar/bat mitzvah and any Jewish holiday; the second for *Maggid*, in honor of scholars and rabbis; the third for *Birkat Hamazon*, the blessing given in thanks after eating bread or matzah; and the fourth for *Hallel*, praise and thanks given during a Jewish holiday.



Happy Passover!

There is actually a fifth expression or redemption which follows these verses, “I will bring you into the land which I swore to give to Abraham, Isaac, and Jacob...” (6:8) While the Exodus from Egypt was followed by the birth of the Jewish nation, many feel we have yet to be brought to Israel on a permanent basis. In honor of this verse we have a fifth cup at the *Seder*: the Cup of Elijah, which is set up for Elijah during the second half of the *Seder*.

So, unlike my mischievous cousin, we don’t drink all these cups of wine to get drunk. At my childhood family *Sederim* we took just a sip of wine; some of us drank grape juice, and we didn’t drink four full cups. Our four “cups” of wine help us to appreciate and celebrate our freedom. Our ancestors in bondage had little food and no wine to drink. And then! They had their journey from bondage to freedom!

Whatever tune you choose to use for *Kiddush* at your *Seder*, I hope you and your loved ones have a joyous, sweet holiday! *Chag Pesach Sameach* (Happy Passover) to you from Rosa and me. I look forward to seeing you soon, and to singing with you on *Shabbat*.

*B’shira* (in song),

Marian

[morahmarian@betheljc.org](mailto:morahmarian@betheljc.org)

[www.betheljc.org](http://www.betheljc.org)

# PAJAMA HAVDALAH

Saturday, March 6

6:45-7:15 pm

Join Rabbi Moritt and some of her favorite stuffed animals as the stars come out on Saturday night to say goodbye to Shabbat with a little story, a little song and a little mystery in the light of Havdalah.

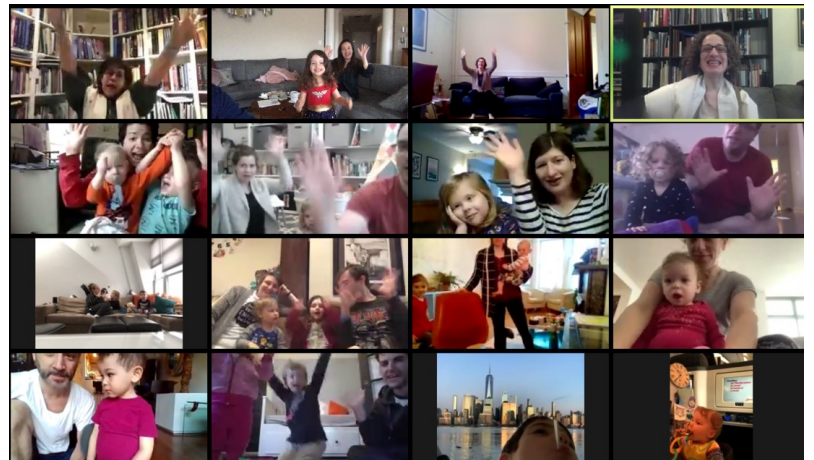
Zoom meeting id: 850 2112 6695  
Passcode: havdallah

In partnership with  Pj Library

tot  
shabbat

Saturday, March 20  
@ 10:30 over Zoom!

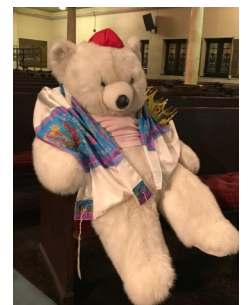
Calling all children 0-5 and their grownups! We can't wait to "see" you again at Tot Shabbat!



sponsored by  Pj Library

Bring your favorite stuffed animals, and even more important, bring your ruach (spirit) and singing voices!

Bracha the bear is waiting for us to return to our Temple! Meanwhile, Rabbi Moritt will bring Tot Shabbat to your home. We will sing, dance tell a story and have fun together! Click [here](#) to join in. Have juice and challah/bread ready at home as we will make the blessings and enjoy our snacks together.



Mark your calendars for future Tot Shabbat mornings:

April 17    May 15    June 12    July 10    August 14

Watch your emails for when we return from our virtual location back to our Beth-El home. If you are not on our Tot Shabbat list, please email [office@betheljc.org](mailto:office@betheljc.org) and ask to be added to our email list. Drop-ins always welcome.

## RELIGIOUS SCHOOL NOTES and DATES

### Sunday, March 21 -- Town Hall for ALL Parents

Grab your coffee (or tea) and a snack, and join us at 9:30 am (or once your child is in Hebrew class)! Find out what we're planning for the 2021-22 school year, what's happening right now, and see your TBE-JC friends and neighbors! Find out how your child can be successful in our Religious School. Learn more about our expectation for children to attend Shabbat services at least once a month, starting in Grade 3.

### Sunday, March 21 -- Family FUN-Day - Pesach Theme

Parents, please join us after the Town Hall, from 10:12am - 12Noon, for fun and learning about Passover. This is our final Sunday FUNday for our current school year, please don't miss it!

### First Friday of each month at 6:30pm — FAMILY Shabbat Services

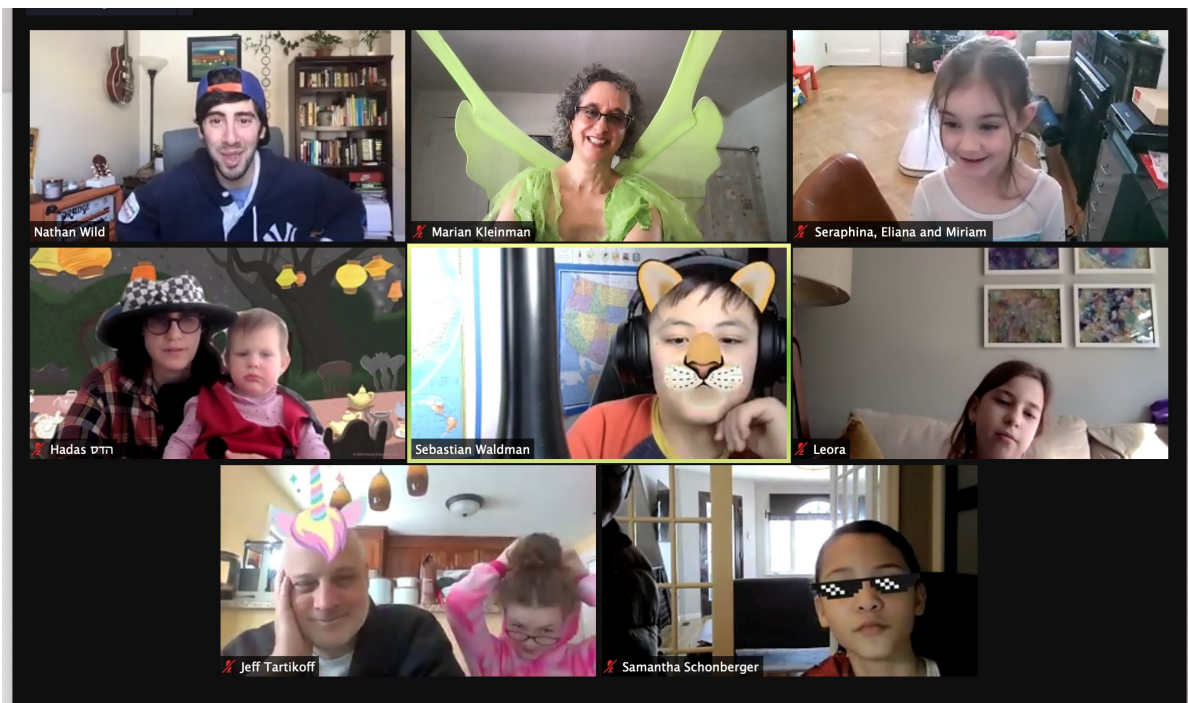
Religious School Students are expected to attend each month!

**Friday, March 5** — Special Concert for our entire congregation (special time, 6:00 pm)

**Friday, April 2** — Grades K-4 are presenting in the service

**Friday, May 7** — Grades 5-7 are presenting in the service

On Sunday, February 21, we held our FAMILY FUN-DAY SUNDAY Purim Workshops. The children and parents rotated through three workshops: costumes, art, and story-telling. Below, a screenshot from the Costume workshop, with Mr. Nathan and Ms. Hadas.



Great things are happening at Temple Beth-El. The get-togethers may be virtual but our progress is real!  
Please go to <https://betheljc.org/donate> Give what you can

If you've been thinking about joining, please [click here](#) to learn about the membership process.

## Rabbi's Message *(continued from page 1)*

we may be freed from its binding constrictions. If we've accepted the challenge, we return to our worldview and our diet a week later with a new, clearer, more objective perspective—with the knowledge that we can survive and thrive without it.

Like so many things in Judaism, we recognize we cannot rely on good intentions and ethical ideals to transform our lives and our world. Rather, as Jews, we embody physicalized, ritual practices to manifest our spiritual aspirations out of the realm of intention and into our words and deeds.

So, at this moment when we are facing our second Pesach without the family and friends who are so central to our celebrations, the invitation is to ask ourselves the important questions of what is truly essential in our lives. What do we really need to flourish? What can we live without that perhaps we once thought was so essential? What or who do we recognize as more valuable that perhaps we once thought, minimized or took for granted? This is the spiritual opportunity found in eliminating the *chametz* from our homes for a week.

For all of us, when we look back at this time of isolation, let it be that we can identify the blessings we've reaped from this year from this change of perspective and simplicity, much like the Israelites did after they reflected on their crossing of the sea. And let it be that like our ancestors, we sing the song of gratitude and freedom soon, on the other side.

Wishing you a sweet, healthy and transformative Pesach,

*Rabbi Leana Moritt*

PS. I am available to facilitate the traditional "selling" of hametz in your home for the week. If you are interested or just want to learn more, see the notice on page 11.



### A Thank You Note from Nancy Sambul Chair, Purim Bag Fundraiser

I usually only give a short report to the Board about the results of the Purim Bag Mitzvah Fundraiser. But this year was so incredible that I wanted to share with and about everyone who made it so successful. On the next page is the Purim Letter with the names of the 53 donors to the Purim Bag Fund. That is more than twice the number of donors as last year.

In addition to raising more than \$5,700 dollars, we also raised more than \$1,000 for the Food Pantry. I was very sad that, this year, I couldn't meet with the Youth Group in the sanctuary to fill the almost 200 bags that were distributed.

But I was overwhelmed by the outpouring of volunteers who delivered the bags. Thanks in particular to those who stopped by my house to pick up their box of bags to deliver, and often brought boxes of bags to volunteers in their neighborhood. I could not have done this task without you all.

Thank you so much to the following volunteers:

Judith Baller-Fabian

Allison Bell

Aaron Brotman

Joel Caminer

Leslie Cooper

Phillip & Amanda Gary

Jeff Goodman

Suzanne Goldstein Smith

Jason & Marina Kirschner

Craig Linder

Chloe Lipmann & Ben Litchman

Deborah Lipp

Kay Magilavy

Alain Mentha

Joanna Metelitsa

Rabbi Leana Moritt

Karen & Jon Pinn

Peter Retzlaff

Irwin Rosen

Tom Rosensweet

Carina Rubaja Dron

Lari Schwartz

Ian Silver

Loryn Sotsky



# Happy Purim from Temple Beth-El

13 Adar 5781

Purim is a holiday of sweetness and joy, a time when we reflect on the power of an individual and the victory of the Jewish nation in the face of destruction. One of the nicest traditions on Purim is that of giving a gift of food to friends and tzedakah.

The following donated to the Purim Fund so you can feast and be glad:

Rabbis Leana Moritt & Stephen Kushner  
 Rabbi Kenneth L. Brickman & Michael Pizzi  
 Michael Eisenberg & Fran Karp-Eisenberg  
 Kay Magilavy & Norman Mayersohn  
 Tom Rosensweet & Barbara Hines  
 Jonathan Pinn & Karen Seemen-Pinn  
 Chloe Lipman & Ben Litchman  
 Leslie Cooper & Sarah Zercher  
 Sarah Colker & Joe Moskowitz  
 Joel Caminer & Ellen Simon  
 David Rosenberg & Laura Popp-Rosenberg  
 Zachary Metz & Patricia Martinez-Metz  
 Sara Welch & Sergio Stifelman  
 Megan Dolbee-Russek & Jonathan Russek  
 Alain Mentha & Jennifer Strong  
 Suzanne Goldstein-Smith & John Thompson  
 William Dubinsky & Elizabeth Moss  
 Merrick J. & Judith "Tina" Brodsky  
 Peter Retzlaff & Alyssa Baer  
 Lynn Brownstein & Alexander Haviland  
 Mike Noveck & Meghan Howard-Noveck  
 Robin Rosenzweig Schrutz & Alex Schkrutz  
 Judith Schteingart & Mathieu Fialon  
 Allison Pilgrim-Bell & Michiel Pilgrim  
 Philip Gary & Amanda Resnikoff-Gary  
 Aaron & Bethany Brotman  
 Heidi Bramson & Joseph Ryan

Nancy & Nathan Sambul  
 Mary Byrnes & Art Silverstein  
 Molly Heitner  
 Robin & Terry Ewert  
 Carol McKell Cupid  
 Karen & Fred Schnur  
 Judith Baller-Fabian  
 Moshe & Christiane Rozenblitt  
 Jason & Marina Kirschner  
 Helen Blumenthal  
 Kathy & Bruce Prussack  
 Toby Kizner & Jim Dowling  
 Harvey & Shirley Roter  
 Sam Pesin  
 Elliott & Stacey Goldstein  
 Raimy and Brian Cheyne  
 Ian & Kate Silver  
 Irwin Rosen & Sharon Hirshberg  
 Arnold & Renee Bettinger  
 Stuart Portnoy  
 Laura Katzive & Dan Ackman  
 Karen & Gary Cuttler  
 Laraine "Lari" Schwartz  
 Craig & Michele Linder  
 Celeste Moore  
 Larry Gutterman



*P.S. If your name is not on the above list, and you liked getting a Purim Bag, please show your appreciation and perform tzedakah by donating to the Purim Fund at [betheljc.org/donate](http://betheljc.org/donate). In the box marked "Other", please mention Purim Fund.*



Henry Eig will become a Bar Mitzvah on March 13. He is in eighth grade at Elysian Charter School in Hoboken. He plays ice hockey for the Jersey City Capitals, along with guitar debate club at his school. Over summer, he enjoys hiking and backpacking trips with his family. Henry's family first joined Temple Beth-El in 2014, and he and his 3 brothers have been going to Hebrew school since. Every year, he goes to Maryland to meet with his family to celebrate Jewish holidays. He is in the Youth Group at Temple Beth-El, along with having volunteered for an organization called Hockey in New Jersey to help children learn to skate who wouldn't have otherwise had the opportunity. He plans to continue in the Youth Group and other events at Temple Beth-El after his Bar Mitzvah. Henry is excited about seeing his family and finally becoming a Bar Mitzvah after a year-long delay. His favorite part of studying was learning the prayers for the service and what they mean. He would like to thank Rabbi Moritt and Morah Marian, along with his older brother Ethan, for making it all possible.

## facebook

Temple Beth El  
Jersey City  
Members is

a **Private** Facebook Group created exclusively for our Temple Beth-El member community to continue being together while promoting health and wellness. If you are a member you will be accepted immediately. For security purposes we are limiting this group to members only. If you are not yet a member, please consider joining.

There is also a separate page for Beth-El families!



## Prayers for Healing

If you or a loved one are ill and would like to be added to our *misheberach l'cholim* list (prayer for healing), please let Rabbi Moritt know at [rabbimoritt@betheljc.org](mailto:rabbimoritt@betheljc.org)

We are happy to pray for the healing of body, spirit, psyche and relationship of anyone of any religion. Please include the Hebrew name of the person/people in your prayers (if known) and your phone number so we can be in touch.

As eager as we are to pray for your healing, we are especially happy when we can take you off the list, fully restored. Remember to let us know that too.



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## Family Promise during Covid-19

Over five years ago, Temple Beth-El began working with congregations throughout the area to launch Family Promise of Hudson County. Family Promise has provided hosting opportunity for working families, so they can stay together while struggling to get back on their feet and move to a

new home. Family Promise provides social services for these people to find jobs and housing and return to the normalcy of their lives as a family.

Especially in this current crisis, there are so many people in great need of our help. Email Lari at [lari@bethjc.org](mailto:lari@bethjc.org) subject line: **Family Promise**, and tell us what you would like to do to help out. Let us know your questions. Let us know how you plan to make this year one of giving to those less fortunate than yourself.



**Passover Zeder\*** (\* Zoom Seder)

With Passover just around the corner, the Temple is considering holding a 2nd night seder on **Sunday March 28** over Zoom. Some people feel “Zoomed out.” Others may welcome a time to celebrate together as best as we can. We will hold the zeder only with an attendance commitment of **10 families**. If you know you will definitely attend, please fill out the form in this link: [Passover Zeder Signup Form](#). The deadline to sign up is **Sunday, March 7**, which is when we will confirm.

The seder would bring us up to the festive meal (Shulhan Orech). Participants would then have the option of going into small "breakout rooms" to eat together or log out at that point. Participants will need to gather their own ritual foods and seder plate (matzah, charoset, bitter herbs, salt water, wine/juice, Pesach bone, roasted egg, green vegetables). Haggadah will be emailed in advance. Participants will need to print it in advance or follow their own haggadah since it will not be shared on the screen.

The decision to hold a seder will be made on March 7 based on the responses to this form. Thank you!



**“Sell” Your Chametz?**

*“Seven days shall there be no leaven found in your houses.”* (Exodus 12:19)

In ridding their homes of chametz for Passover, many Jews follow the custom of temporarily “selling” their chametz (leavened food) for the days of the holiday. If you would like Rabbi Moritt to arrange for the sale of your chametz (or are just curious about this custom), please email her at [rabbimoritt@betheljc.org](mailto:rabbimoritt@betheljc.org) by Tuesday, March 23.



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# Youth Group

Our 2021 Meeting Dates will occur on the last Sunday of every month:

March 28 April 25 May 30  
See you then!

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## Join the TBE



Next books:

*War of the Rosens*  
by Janice Eidius

*Devil in Jerusalem: A Novel*  
by Naomi Ragen

Look for the new dates soon, and email Joanna Tartikoff at [bookclub@betheljc.org](mailto:bookclub@betheljc.org) for the Zoom link

## Ying's Gifts & Accessories

### GREAT BLOWOUT SALE!

Great sale on all items!

We carry gift items for all occasions, his & hers and much more!

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## WEEKLY on Wednesdays at TBE

### Our neighbors need your generosity

Please lend a hand by volunteering [here](#) for our Wednesday Food Pantry, by donating the foods and clothing listed [here](#), or by donating funds [here](#) so we can purchase needed items. Our neighbors in need can use them. (See below if you'd like to use a QR code to access the wishlist.)

Donations to the Food Pantry are tax-deductible. If you donate cash, you'll receive an acknowledgement as usual. If you donate items, email the receipt to [kpd@betheljc.org](mailto:kpd@betheljc.org) or click [here](#) for a downloadable copy of the Temple's In-Kind Donation Form. Click on the second form to donate, complete it, and send it to [kpd@betheljc.org](mailto:kpd@betheljc.org). Keep a copy of the blank for future use.

Thank you so much for your support in keeping our food pantry running during these difficult times. And please stay safe and well.



Scan with QR Studio

## Tributes

- To celebrate a happy occasion
- To say I'm sorry for your loss
- To remember your loved ones
- To thank someone for a kindness

A card acknowledging your contribution will be sent to the recipient, and the message will be listed in the newsletter. To send a tribute, use the form [online](#) or write, email or call the Temple office.

### Food Pantry Donations

Heidi Bramson & Ryan Joseph  
 Merrick J. & Judith Brodsky  
 Mary Byrnes & Art Silverstein  
 Raimy & Brian Cheyne  
 James Colker & Janice Seiner Colker  
 Sarah Colker & Joe Moskowitz  
 Margaret Dolbee-Russek &  
 Jonathan Russek  
 Robin & Terry Ewert  
 Elliott & Stacey Goldstein  
 Rami Haim & Wendy Schor-Haim  
 Laura Katzive & Daniel Ackman  
 Marsha J. Kleinman  
 Robb & Jill Kushner  
 Joanna Metelitsa  
 Celeste Moore  
 Leana Moritt & Steven Kushner  
 Sam Pesin  
 Allison Pilgram-Bell & Michiel Pilgram  
 Karen Plotnick  
 Stuart Portney  
 Peter Retzlaff & Alyssa Baer  
 Tom Rosensweet & Barbara Hines  
 Robin Rosenzweig Schkrutz &  
 Alexander Schkrutz  
 Moshe Rozenblit, Moshe &  
 Christiane Vieira-Rozenblit  
 Laraine Schwartz  
 Ian & Kate Silver  
 Sergio Stifelman & Sara J. Welch

### Sustaining Fund

Philip Gary & Amanda Resnikoff Gary

In memory of father, Dr. Charles K  
 Brauer, on his Yarzeit  
 Joyce Brauer-Weston & Jon Weston

In memory of Cecelia Wahl Cohen  
 and Edward Cohen  
 Donald & Ellen Marie Cohen

In memory of Sidney L. Karp  
 Michael Eisenberg &  
 Fran Karp-Eisenberg

In memory of Miriam Karp  
 Michael Eisenberg &  
 Fran Karp-Eisenberg

In memory of Arnold Eisenberg  
 Michael Eisenberg &  
 Fran Karp-Eisenberg

In memory of Eileen Eisenberg  
 Michael Eisenberg &  
 Fran Karp-Eisenberg

In celebration of the wedding of our  
 daughter, Rachel, & Adam  
 Jay & Bonita (Bonnie) Heyman

In memory of father, Bradford S  
 Menkes  
 Robb & Jill Kushner

In memory of brother,  
 Peter K. Menkes  
 Robb & Jill Kushner

In memory of mother,  
 Bette S. Menkes  
 Robb & Jill Kushner

In memory of father,  
 Dr. Marshall Bergen  
 Carol B. Pantuck

### Music Fund

Allison Pilgram-Bell & Michiel Pilgram

Mazel Tov to Ben Rauch & Sarah  
 Joseph on their wedding  
 Nancy & Nathan Sambul

Mazel Tov to Rabbi Hachen & Peter  
 Weinrobe on the birth of their  
 granddaughter  
 Nancy & Nathan Sambul

In memory of Nathan's Grandma,  
 Irene Vogelman on her yahrzeit  
 Nancy & Nathan Sambul

Condolences to Marc & Deb Kahn on  
 death of Mark's mother,  
 Dorothy Kahan  
 Nancy & Nathan Sambul

Condolences to Eve Blaustein on the  
 death of mother, Mutsie  
 Nancy & Nathan Sambul

Thanks to Irwin Rosen for another  
 great MLK Shabbat  
 Nancy & Nathan Sambul

In honor of Eric Schkrutz becoming  
 a Jersey City Firefighter  
 Nancy & Nathan Sambul

### Rabbi's Discretionary Fund

Aaron & Giovanna Dunkel  
 Ann Pinkowitz



### Neighbors helping Neighbors



If you are having difficulties getting essential food or medication into your home, if you are living alone, out of work or feeling isolated, please contact Nancy Sambul at [nancy@betheljc.org](mailto:nancy@betheljc.org). Our members want to help as best as we can. If you are able to help deliver groceries or medication on one of your trips, or if you are able to make calls to check in on our elderly or isolated, please let Nancy know.



Extraordinary times may compel one to make difficult decisions for which they were not previously prepared. Whether you find yourself faced with the decisions surrounding the death of a family member or you are considering making advance plans, Temple Beth-El has a plot of burial grounds in **Mount Moriah Cemetery in Fairview, NJ.**

Mount Moriah is a beautiful and well-maintained cemetery that has been serving the Jewish Community for over 100 years. The cemetery is located on the slopes of the Palisades just a few minutes from Hudson County, between Kennedy Blvd and Routes 1&9. The Temple's graves are located on the main road of the cemetery and are adjacent to our original plot where, among many of our founding members, our founding rabbi, the late Maurice Thorner is buried. These graves are available for purchase, either as a family plot or individual graves. For further information, please contact Larry Gutterman at [admin@betheljc.org](mailto:admin@betheljc.org)

**Yahrzeits/Memorial Plaques/  
Simcha Tree Leaves**  
*Remember and Honor*



The yahrzeit, or anniversary of a loved one's passing, is a time to remember the person, in the synagogue by reciting the Kaddish prayer, through the giving of extra charity and through learning. Each week at services we speak aloud the names of those people whose yahrzeit has occurred that week.

- To update your family's yahrzeit listings go to the [TBE yahrzeit list](#) or call or write the office.
- To purchase a Memorial Plaque to honor the memory of your loved ones click [here](#)
- To purchase a Simcha Tree Leaf to honor or congratulate friends or family members for special events or accomplishments please click [here](#)

*Yahrzeits*



**Week ending March 6**

Rose Bleiweis  
Cecelia Wahl Cohen  
Arnold Eisenberg  
Alice Hersberg  
Nathan Schwartz

**Week ending March 27**

Ursula Cohen  
Sheila Gaines  
Solomon S. Lubow  
William Mankoff  
Bette Menkes  
Nathan Schnur

**Week ending March 13**

Florence Bettinger  
Jules Edward Burman  
Lowell Harwood  
Frieda Nemet

**Week ending April 3**

Arlene Hysen  
Andy Lackowitz  
Lennox McKell  
Eilleen T. W. Pollack  
Harry Sandlaufer  
Rose Sternberg  
Irving Vogelmann

**Week ending March 20**

John Magilavy  
Frances Metz  
Herman Nemet  
Morris Spiegel



**Online Cooking  
or Bridge**

If you are interested in forming an online **Temple Bridge group** or an **online cooking group** please get in touch with Joanna Tartikoff at [bookclub@betheljc.org](mailto:bookclub@betheljc.org).



Our Twitter feed has over **800** followers!  
Check it out [here](#).



Save Temple Beth-El as your charity at [smile.amazon.com](https://smile.amazon.com). It costs you nothing, and up to 6% of what you spend on most Amazon offerings will come back to Temple Beth-El!