



Bar/Bat Mitzvah Planning Guide

The Practicalities and FAQ

Mazal Tov! Your child is nearing the age of bar/bat mitzvah. This time is filled with many questions and even potential anxieties. We hope this planning guide will be helpful in beginning to answer your many questions. Our clergy and religious school are committed to guiding you and your child through these next exciting months. Please feel free to contact any of us with questions and know that Rabbi Moritt's door is open for concerns or sensitivities you would like to discuss privately.

The year or two before your child becomes bar/bat mitzvah is filled with many opportunities to deepen your and their personal connections to our tradition and make the experience more meaningful for the entire family. The community of Beth-El is delighted to accompany your family on this journey.

Q: How will my child be assigned a date?

A: Our practice at Temple Beth-El is that children celebrate their Bar/Bat Mitzvah on a Shabbat morning on or after their thirteenth birthday. This is the same for both boys and girls. A "Bar/Bat Mitzvah Date Request Form" is available in the "Member Login" section of our website on which parents may request their top 3 preferred dates after their child's 13th birthday. Parents may also list dates that should be avoided due to family conflicts on that form.

We will do our best to accommodate requests, however families must understand that those preferences may conflict with the Jewish, congregational, rabbinic or cantorial calendars as well as requests of other families. Rabbi Moritt assigns all dates, usually when children are in the 5th grade and parents will receive a letter with the assigned date.

Q. How do we learn about Temple Beth-El's B'nai Mitzvah journey and expectations as a family?

Each fall, Rabbi Moritt conducts a meeting for parents (only) of children turning 13 within 2-3 years, during which she outlines the process as well as Beth-El's practices and policies. The expectation is that parents will attend this meeting in the fall of either their child's 5th or 6th grade year. A similar meeting will be held for the children in the late winter of 6th grade.

Q: When will my child begin tutoring for the Bar/Bat Mitzvah?

A: Most students begin six months before the service. The goal is to provide twenty weekly half-hour lessons with the cantor and 45-minute meetings with the rabbi. There will be a 2-hour rehearsal during the week of your bar/bat mitzvah during which all parents and available siblings should be present. Some students begin earlier than six months based on individual needs. The timing also takes into account vacation weeks during the school year and summer. Tutoring is available during some weeks over the summer for those students who are available.

Q: Who does the tutoring and where?

Currently Rabbi Moritt tutors all students individually on their devar Torah and the prayers at the Temple during after-school hours on Tuesdays, Wednesdays or Thursdays. Morah Marian tutors the children on their Torah and Haftarah portions and their respective blessings, according to her schedule but is often available on Sundays. Many of the prayers are available for downloading and practicing from our website and children are strongly encouraged to avail themselves of this tool. They can be found at <https://www.betheljc.org/members-section/bnai-mitzvah/resources/> Note that you will need to establish login credentials to access the members section of the website. Tutoring by Zoom may be possible for part of the process for some students. As our congregation grows, we anticipate engaging bar/bat mitzvah tutors to work with our children on their Torah and Haftarah chanting.

Q: How much time will my child need to practice each week?

A: This varies from student to student, but a good rule of thumb is one to two hours each week, spread over several days. Please keep in mind that your child may also have Religious School assignments, *since all bar/bat mitzvah candidates are required to complete 7th grade in our Religious School, which often continues after your child's bar/bat mitzvah.*

Q: How much is the Bar/Bat Mitzvah fee and what does it cover?

A: The fee for ceremonies held in FY 2022-2023 is \$1400. Your fee includes tutoring, one set of study materials for your child's Torah/Haftarah portion, the cost of the accompanist (usually Ben Rauch), and the challah/juice we will offer at kiddush. The balance of the fee offsets some of the temple's expenses for the bar/bat mitzvah, and accounts for our cantorial soloist and rabbi's time and involvement. As with any professional appointment, missed sessions interfere with our staff and clergy's ability to plan and function properly. We budget for 20 tutoring sessions per child. Please note that sessions that are missed or cancelled without 24-hour notice may incur additional tutoring charges, based on the individual progress of your child.

Q: How much is the Bar/Bat Mitzvah fee and what does it cover? (cont)

Temple Beth-El currently receives funding for security personnel at our b'nai mitzvah services through a Federal grant which expires yearly with no guarantee of renewal. If this grant is not renewed, the bar/bat mitzvah fee may be increased by an additional \$200-\$250 to cover the cost of security during the service.

It is customary for families to donate fresh flowers or alternative decorations to adorn the bimah and to sponsor the Shabbat *oneg* nourishment for the Kabbalat Shabbat service the evening before your bar/bat mitzvah during which your child will lead the congregation in the kiddush prayer. You may designate the Temple office to arrange for the flowers and *oneg* nourishment directly and on line by going to <https://www.betheljc.org/give/donate-pay/> and indicating either/both bimah flowers and/or *oneg* nourishment. If you prefer to purchase the flowers and food yourself, please let our office manager know in advance.

Families are also encouraged to contribute to their child's "class gift" to the Temple to benefit future generations of Temple Beth-El.

Q: When is the Bar/Bat Mitzvah fee due?

A: One half (1/2) of the fee is due when tutoring begins. The other half is due two (2) month before the scheduled service. You are welcome to pay it in installments as long as it is completed by that time. If there is financial hardship, contact Rabbi Moritt privately to discuss. This fee is separate from Religious School tuition and Terumah, which must also be current within two months of you bar/bat mitzvah. You may make all bar/bat mitzvah fee payments directly from our website at <https://www.betheljc.org/give/donate-pay/> and indicate bar/bat mitzvah fee.

Q: What time does the service begin and what time is customary to put on invitations?

A: The service begins at 10:30 am as a regular Temple Beth-El Shabbat morning service that your bat/bat mitzvah child will co-lead for the congregation and guests along with the rabbi and cantorial soloist. Many families choose to list the start time as 10:15 so that their families will be present from the beginning of the service. The service normally concludes between 12.30-12.45 pm. We do not conduct afternoon or Havdalah Bar/Bat Mitzvah services.

Q: How will our family members be able to participate in the service?

A: There are many honors for family members and friends, both Jewish and non-Jewish. The list will be given to the family at start of tutoring and then assignments will be made in consultation with the rabbi about a month before the service date. As a community event, congregants will also participate in the Torah service. Please speak to Rabbi Moritt to acknowledge your family's special relationships within the community.

Your family will have the responsibility act as the ushers on the morning of bar/bat mitzvah immediately preceding your child's bar/bat mitzvah. Rabbi Moritt will explain what that entails and will give you your specific ushering assignment date at your family meeting.

Q: Who else participates in the service?

A: Aside from the rabbi, cantorial soloist and accompanist, the first aliya or Torah reading will be offered by members of the congregation. Beth-El is proud to welcome your child into Jewish maturity in the context of the Shabbat morning service our community conducts every week. This will be ritualized in the "passing of the yad" from the congregant of your choice to our newest member (your child), just before (s)he reads from the Torah.

Q: Is there a dress code?

This is a good place to mention that proper attire is required for anyone called to the bimah for an honor, i.e.; no sloppy sneakers, shoulders should be covered, hemlines for dresses/skirts/appropriate shorts should be no shorter than 1"-2" above the knee for all genders. Please choose your synagogue attire accordingly.

Q: What will the student learn for the service?

A: The students normally lead most or all of the Torah Service as well as the closing prayers at the end of the service. Each student normally chants 9-11 verses of Torah (from the Torah scroll) plus several verses of Haftarah (selection from Prophets.) Each student works with the rabbi to prepare his or her talk applying a lesson of the Torah portion to everyday life. All elements of leading the service can be adjusted for students with special needs. Additional verses of Torah are available for students or family members who would like to chant additional verses.

Q: How else will my child prepare?

A: Your child is required to attend services 12 times during the 12 months prior to becoming bar/bat mitzvah. At least 7 of these must be Shabbat morning services. Attending the b'nai mitzvah ceremonies of your child's classmates is expected and these attendances will count toward the mandatory minimum. Check the congregational calendar to schedule those mornings during which there will be a bar/bat mitzvah or Torah reading, since those are the best to familiarize all with the service and will serve to best prepare your child for his/her special morning.

Q: May we throw candy?

A: Spreading the sweetness of the occasion is a time-honored tradition that we support. At the same time, the safety of our members and guests is our primary concern. If you choose to bring candy to throw, we require that it must be limited to individually wrapped soft jelly candies (i.e. Sunkist Fruit Gems)

Q: What should I plan for Friday night before the Saturday morning service?

A: The Friday evening service is at 8:00 pm except the first Friday of the month when the time is 7:30 pm. Please arrive fifteen minutes before the service. Near the start of the service, your family/child will be invited to lead English readings before the candle-lighting and the wine blessing. There is an Oneg Shabbat after the service each week, and many families like to sponsor the food that Friday evening in honor of the occasion. You can arrange for this online at <https://www.betheljc.org/give/donate-pay/> and the Temple will make the food arrangements. Alternatively, you may choose to provide the refreshments yourself, either purchased or home-made. Please talk to our Office Manager about quantities.

Q: May I hold a family dinner on the Friday night in the Social Hall before the service to make it easier for my out of town family?

A: Please contact our Office Manager to discuss. We can almost always accommodate such a request with enough notice. If it is the first Friday of the month, we already hold a potluck Shabbat dinner at 6:30 pm and it is easy for families to bring additional food for their guests.

Q: I would like to hold a Kiddush luncheon or afternoon party in the Social Hall. What do I need to know?

A: You may rent the Social Hall for such events. We request that you make this request three months in advance. The member's rate is \$400 for each event and gives you a total of five hours This includes setup and cleanup time. Our experience has shown that

100 people is a sustainable capacity for the room. If you would like to invite a larger party, or need more hours, please contact our Office Manager well in advance. Temple Beth-El staff will put up and later put away your tables and chairs in accordance with your arrangement diagram. We will provide a room layout drawing for your use. We are happy to work with you, your caterers and any entertainers you may bring. Please note that, at the present time, we have no reheating or cooking facilities in the kitchen except a microwave.

In the interest of sustainability, we ask that you use as little plastic as possible. Paper cups and plates and compostable utensils are appreciated. With three week's notice, we can order these for you.

Cleaning of the room after the event is the renter's responsibility, as is putting away all decorations, food and serving items in the social hall and kitchen. We require a \$200 cleaning deposit. The (mostly) college students who are part of our maintenance team may be available to work events, setting and decorating tables, helping with the serving and cleanup. This can be arranged through our Office Manager. For a large party, be sure to enlist some volunteers or staff to help your family leave the kitchen and social hall in order at the end.

Q: May I hold an evening party that night in the Social Hall?

A: We are happy to rent the Social Hall for such events, dependent again on the total number of guests. Please contact our Office Manager for details.

Q: I may hold my post-service celebration somewhere else. Should I still provide a Kiddush (challah and juice) for the attendees, particularly the ones who will not attend the party?

A: At the close of the service, TBE staff will have 6-8 sliced challahs and cups of white grape juice available for the final ritual of Kiddush and Motzi at the bimah unless the family prefers to offer it as part of a Kiddush by the family at lunch.

Q: May we take photos or video during the service?

A: While there is no photography allowed during the service, we encourage families to pose for photos on the bimah either before or after the service. Photos before the service should be completed by 10:00 am. Thanks to the generosity of previous b'nai mitzvah families, Temple Beth-El is now able to live-stream and record our b'nai mitzvah services, eliminating the need for families to hire a private videographer. The link to the Temple's YouTube Chanel to watch the service is: <https://bit.ly/3ac8BuD>. Consistent with our policy before we secured the equipment, the service is recorded only from the balcony, and with a camera that remains stationary during the entire service. Any additional video recording of the service arranged by the family must adhere to the same policy.

